## Tyne Amateur Rowing Club

Competition: Rutherford Head 2021 in 2022

Date: 12 February 2022

Location: River Tyne, Scotswood to Newburn

Risk Assessment (with action points)

Last reviewed and updated on 27 October 2021

|     | Potential source of risk   | Risk Identified  | Who/what at risk  | Seriousness                          | Probability                                      | Acceptable risk ?  | Planned actions to address the risk   | By whom?   | By when?                                     | Notes   |
|-----|--|--|---|--------------------------------------|--|--|---|--|--|---|
|     |  |  |   | Extreme, high,<br>moderate or slight | Very likely, likely, unlikely ,<br>very unlikely | Very low or low risk - no<br>action needed; medium risk -<br>reduce if practicable;<br>high/very high risk - needs<br>action to reduce | Note: In all cases, emergency services will be summoned if incident, injury, illness, etc is serious.   |  |  |   |
| 1   | Prior to race day  |  |   |                                      |  |  |   |  |  |   |
| 1.1 | Excessive entries  | Too many entries accepted and thus too many boats on water.  | Competitors   | High                                 | Unlikely   | Medium   | Agree maximum entry overall or per category in advance.  Match number of boats with number of helpers on job rota   | Entries<br>secretary   | Two months in advance onwards                |   |
| 1.2 | Crews not sufficiently experienced to cope with possible conditions.                               | Slow progress on water, delays for them or others leading to possible hypothermia  | Competitors   | High                                 | Likely   | High   | Include warnings about competence in race information and query very low pointed crews with clubs on entry. Marshals to refuse to let visibly non-competent rowers boat if they consider they will be a danger to others.   | Entries<br>secretary   | Two months in advance onwards                | Make sure<br>step marshals<br>on day have<br>clear guidance         |
| 1.3 | Weather and river conditions   | weather causing poor water conditions and possibility of   | All participants and<br>spectators especially<br>competitors, marshals,<br>launch crews; trailer<br>drivers | Moderate                             | Likely   | High   | Look at tide times early and match to wind direction, monitor rainfall in week before and check weather forecasts regularly over preceding week and inspect water conditions day before. If possible cancel the competition a day or two before if severe weather is forecast, so rowers and trailers do not travel abortively. | Organising<br>committee,<br>race<br>committee<br>chairman,<br>safety adviser | During week before                           | Check forecast<br>daily from 7<br>days before                       |
| 1.4 | Debris in river  | Excessive amounts of debris in river, of a size likely to damage boats and maybe cause capsize, usually caused by a high tide and/or a lot of top water after heavy rain | Boats, blades,<br>competitors   | High                                 | Very unlikely                                    | Medium   | Monitor rainfall and river levels upstream and check tide tables for very high tides; check debris in river day before and on day and cancel competition if necessary.  | Organising<br>committee,<br>race cttee<br>chairman,<br>safety adviser        | Day before and on day                        | Small non-<br>critical items<br>removed on<br>day where<br>possible |
| 1.5 | Clubhouse/s and facilities   |  | All participants and spectators   | High                                 | Unlikely   | Medium   | Ensure clubhouse/s are secure and clean, kitchen and toilets, heating and lighting in working order in advance of competition. Fire extinguishers, alarms, fire blankets in place and in working order. Outdoor areas including steps clear of debris.  | Host clubs   | Week and day before                          |   |
| 1.6 | Lack of personnel  | Too few volunteers to help on the day. Volunteers not in place at the right time. Both leading to greater danger of incidents and injury.                                | Competitors, marshals   | Moderate                             | Likely   | Medium   | Ensure task rota pro forma for day ready 1 month before andput online, filled out by 2 weeks before, and then updated daily for changes and then put on web site etc.   | Organising committee, club committee   | Month in advance onwards                     | Make sure<br>monitored on<br>the day for key<br>gaps                |
| 1.7 | Equipment condition  | Critical safety equipment not<br>working on day leading to<br>inability to respond to, in<br>particular, calls for rescue  | Competitors, helpers  | High                                 | Likely   | High   | Book externally sourced equipmnet and swervices wellin advance. Check all crucial equipment in week preceding, notably radios, loudhailers, lifejackets, launches and engines.  | Organising committee, safety adviser   | Book early,<br>inspect during<br>week before |   |
| 1.8 | Lack of shared information on<br>communication protocol and<br>on mobile phone back-up<br>numbers. | Not able to communicate leading<br>to general inability to respond to,<br>in particular, calls for rescue  | Competitors   | High                                 | Unlikely   | Medium   | Instructions on radio protocol and list of mobile numbers for all key personnel including all launches to be distributed in advance   | Organising committee   | By preceding<br>Thursday at<br>latest        |   |
| 1.9 | Lack of knowledge of course and its potential challenges   | Crews not being aware of the river and potential risks and of  | Competitors   | Moderate                             | Likely   | Medium   | Pre-race instructions for clubs, crews and coxes to be prepared along with a course map and marshalling plans for   | Organising committee,  | Month in advance                             |   |

## 2 Race day on land before and during race

| 2.1 | Portaloos  | Blocked and/or insufficient for<br>numbers attending with hygiene<br>risks  | All participants                                    | Slight             | Unlikely | Low    | Ensure sufficient provision ordered well in advance from reputable supplier. Check regularly during race day.   | Organising committee  | In place day before   |   |
|-----|--|---|---|--------------------|----------|--------|---|---|---|---|
|     | Club house/s, including entrances, stairs and storage areas, boat houses.  | Bumps / slips / falls / trips   | All present   | Slight             | Likely   | Medium | Tidy up premises in advance. Put up warning signs if necessary, if dangers etc are present. First aid provider in attendance all day.   | Organising committee  | Week in advance   | Book first aid 3<br>months in<br>advance                            |
| 2.3 | Kitchen/s  | Slips, falls, burns, scalds, contamination of foods with health risks, fire, gas escape. Theft / loss of takings.             | Kitchen users including juniors if permitted        | Moderate           | Likely   | High   | No juniors under 14 in the kitchen/food serving area. Kitchen to be out of bounds to all other members and juniors not on the rota. Suggested max 6 persons in TARC kitchen at any time. Warn all helpers at start of each shift of dangers, of hot oil & pans in particular. Ensure system for secure deposit of takings as the day proceeds. Follow standard hygiene procedures. Ensure all pre-cooked food is thoroughly | Organising<br>committee,<br>kitchen co-<br>ordinator          | Kitchen and<br>servers rota<br>fixed as part of<br>overall task<br>rota a week<br>before then<br>with updates | Ensure<br>coordinator is<br>appointed<br>early                      |
|     | Club grounds<br>Car park<br>Trailer parking area<br>Boat trailers<br>Boats   |   | All present including passing members of the public | Slight             | Likely   | Medium | Notices put out early warning riverside bridleway users of competition and risks. Trailer and car parking to be supervised to ensure access routes kept clear. Marshalls to be briefed about need to keep bridleway clear of boats and blades except when being moved and to generally monitor for trip hazards and obstructions.   | Organising committee  | On day  | Check notices<br>are ready week<br>before                           |
|     | First crews starting to boat<br>late, other crews boating<br>slowly or late, overall impact<br>getting last crew on water late | Race start delayed with<br>increased possibility of crews<br>having difficulty marshalling if<br>windy, risk of getting cold  | Competitors   | High               | Likely   | High   | Set boating and starting times with agreed tolerances and time penalties and publish well in advance. Warnings / instructions to be included in pre-race information. Step marshals to ensure prompt boating on the day - warning well before first boating time.   | Organising committee  | On day  | Key volunteer<br>task. Check<br>TURC and<br>NUBC have<br>marshalls. |
| 2.6 | Steps at all clubs boating crews for competition   | Bumps / slips / falls / trips   | Competitors, helpers, marshalls                     | Moderate           | Likely   | Medium | Sufficient marshals present to assist at boating times. Steps to be kept clear of blades and other items. All rowers to wear boots or other suitable footwear, take into boats and adjust feet on the water (in pre-race advice). Marshals to advise caution & extreme care if steps slippery (including central 'ramp' on NUBC steps). Steps to be kept clear of blades.   | Organising committee  | On day  | Ditto. Club<br>helpers should<br>help with<br>blades.               |
| 2.7 | Unsafe boats   | Drowning, capsize, collision, loss of blades, loss of or damage to boat or boat parts   | Competitors   | Slight to Moderate | Likely   | Medium | Pre-race information to underline need for clubs to check boats before race day. Race officials will check as far as possible key boat safety items of bowball, shoe restraints, hatches, buoyancy on the day plus adequacy of clothing. Boats found to be unsafe or crews under-provided will not to be allowed to go on water until corrected.  | Competitors<br>and their<br>clubs,<br>organising<br>committee | Before boating  |   |
| 2.8 | Launches and other craft   | Going adrift. Capsize. Engine failure, damage to steps, muscular injury   | Launch crews, boats                                 | Slight to moderate | Unlikely | Medium | Check equipment before race. Ensure sufficient assistance to<br>carry launches without dragging over steps well before first<br>boating time. Tie up launches securely especially in windy<br>conditions or on rising tide.   | Organising committee  | On day  | On task rota  |
| 2.9 | Boats & trailers, changing facilities, car park, club  | Theft / vandalism as outdoor areas cannot be closed off   | All participants, vehicles, belongings              | Slight             | Unlikely | Low    | Warn in advance of risk. Ensure vigilance during the races. Offer secure storage if possible.   | Organising committee  | On day  | Regular patrols if  |
| 3   | Race day on water  |   |   |                    |          |        |   |   |   |   |
| 3.1 | Crews boating without authorisation before safety cover in place   | Inability of organisers to effect<br>rescue or assistance quickly,<br>leading to possible aggravation<br>of injury or illness | Competitors   | Moderate           | Unlikely | Medium | Close liaison between safety adviser, step marshalls and<br>launch drivers to ensure no crews released before safety and<br>marshalling launches in place with all necessary equipment.   |   |   |   |
| 3.2 | Inexperienced rowers not coping with conditions  | Collisions with other craft,<br>bridges, banks, obstacles. Injury.<br>Damage to boats, blades,<br>rowers.                     | Competitors   | Moderate           | Unlikely | Medium | All marshalls steps onwards to monitor crews once on the water for obvious inexperience and if necessary, especially in poor conditions, recall to steps. Marshalls to give clear instructions, direct to rowers if necessary. Clear guidance given to start umpire before race.  | Organising committee  | On day  |   |
| 3.3 | Obstacles or shallow areas near edges of river.  | Damage to boats, blades, rowers.  | Competitors, boats, launch crews                    | High               | Likely   | Medium | Competitors to be advised of any navigation issues in pre-<br>race instructions or on day direct to clubs if necessary.<br>Course map to show these where known in advance. Use<br>temporary marker buoys for less visible obstructions if<br>possible. Launch drivers to be briefed on day.  | Organising committee  | Map in<br>advance,<br>briefing on<br>day  | Buoy if possible  |
| 3.4 | Debris in river  | Collision. Damage to boats, blades.   | Competitors   | Moderate           | Unlikely | Low    | Rowers to be made aware of hazards in pre-race information, also local navigation rules. Launches to check for river debris and warn race control if necessary, remove debris if possible.  |   | On day  |   |

| 3.5  | On way to and at start - poor lookout for other boats, poor water conditions, wind,   | Collisions with other craft,<br>bridges, banks, obstacles. Injury.<br>Damage to boats, blades. | Competitors   | Moderate to high,<br>depending on<br>water conditions | Likely   | Medium         | Ensure vigilant marshalling and sufficient launches en route to start and at start, including downstream of lowest boat. Monitor weather and water conditions in conjunction with race control.   | Organising committee                       | Bought-in<br>provision<br>booked month<br>ahead  | Volunteer<br>launch drivers<br>found two<br>weeks ahead |
|------|---|--|---|---|--|----------------|---|--|--|---|
| 3.6  | Low temperature and wind chill  | Hypothermia  | Competitors and launch crews                        | High  | Likely   | High           | Pre-race instructions to emphasise need for warm clothing for waiting time. Keep waiting time to minimum by clear instructions from steps onwards. Regularly check with all crews about coldness if adverse conditions. All launches to have space blankets.  | Organising committee                       | On day   | Other items<br>cover this<br>issue as well              |
| 3.7  | Waiting for race start at<br>Scotswood with boats unable<br>to control position because of<br>wind and tide and thus<br>colliding whilst manoeuvring<br>or grounding.   | Capsize, swamping, damage to boats, injury,cold  | Competitors   | Moderate to extreme depending on conditions           | Low but weather<br>dependent - more<br>probable in very poor<br>conditions | Medium to high | Pre-race instructions and start area map to be issued well in advance. Clear instructions given on day in start area. Safety launches and marshalling launches deployed and in position before start of boating. Regular checks on weather and water conditions; launch crews to report to race control on water conditions. Emergency access to shore at start agreed in advance with Sea Cadets and Gateshead CRC.          | committee                                  | Planning for<br>scenarios in<br>start area in<br>advance, plus<br>close<br>monitoring on<br>the day. |   |
| 3.8  | Collision during race between racing boats or with other objects, through bad overtaking, bad steering, not allowing opponent sufficient water or general poor lookout. | Capsize, swamping, damage to boats, injury   | Competitors   | Moderate  | Likely   | Medium         | Pre-race instructions issued to rowers. Safety launches at regular points on course plus bank monitors. Provide radio contact between shore marshals/launches/bank monitors/race control. Call emergency services if large numbers of competitors involved, serious injuries, very cold conditions, far from boathouse.   | Organising committee                       | On day   | See also 1.2  |
| 3.9  | Deterioration in weather, tidal<br>flow and/or top water current<br>and thus worsening water<br>conditions  | Capsize, swamping of boat, damage / collisions to boats  | Competitors, launch crews                           | Moderate  | Unlikely   | Medium         | Race control to be ready to issue instructions to launch crews to announce to crews postponement of start or cancellation with return to club steps.  | Organising committee, safety adviser       | On day, plan in advance  |   |
| 3.10 | Lightning   | Electrocution  | Competitors, launch crews                           | Very high   | Unlikely   | Low            | If lightning occurs on the day, then the 30/30 rule will apply: rowing shall stop when the flash-to-bang count is 30 seconds (or less), and shall not resume until at least 30 minutes after the last lightning. If crews are on the water, they will all be instructed to return to the home club and land there or at one of the adjacent clubs or at the emergency landing spots in the start area as quickly as possible. | Organising<br>committee,<br>safety adviser | On day   |   |
| 3.11 | Jet skiers or other motor craft,<br>including rescue/marshalling<br>launches speeding and/or<br>causing wash  | Wash causing swamping. Collisions  | Competitors , boats, blades                         | Slight  | Unlikely   | Low            | Marshalling and safety launch crews to be reminded of danger of wash or speeding even in emergency at briefing. Launches at top and bottom of course to intercept motorised users and advise of race and vulnerability of rowing boats.   | Organising committee                       | On day   |   |
| 3.12 | Non-injury illness of competitor whilst on water  | Inability to treat if serious  | Competitors   | Slight  | Unlikely   | Low            | Pre-race instructions to ask that clubs ensure crews are fit,<br>have any necessary mediation such as inhalers and are not<br>carrying injuries. Marshalling and safety launches ready to<br>assist backed up by first aid provider on shore  | Organising committee                       | On day   |   |
| 3.13 | Launch engine failure   | Inability to help or rescue  | Launch crew, other participants                     | Moderate  | Unlikely to likely   | Medium         | Ensure that all launches, fuel levels and engines are checked as working before race day. Provide back-up launch / engine.  | Organising committee                       | Day before   |   |
| 3.14 | Failure of radio communications   | Inability to monitor conditions and state of race leading to not coping with incidents quickly | All participants                                    | Slight  | Unlikely   | Low            | Check equipment before hand; have spares. Mobile phones to be available as alternative, pre-set with necessary numbers if possible. Numbers to be issued to all key personnel and on web site.  | Organising committee                       | During week<br>before  | Collate mobile<br>numbers in<br>week before             |
| 3.15 | Crews just finished stopping too soon   | Following boats hitting with danger of damage or injury  | Competitors, boats                                  | High  | Likely   | High           | Pre-race instructions to emphasise need to keep moving.  Bank monitor to push boats through finish towards safety launch further upstream well beyond the finish line.  | Organising committee                       | On day   |   |
| 3.16 | Boats returning to clubs on south bank crossing racing line   | Racing boats hitting with danger of damage or injury   | Competitors, boats                                  | High  | Likely   | High           | Sufficient launches and marshals at or near bridge to prevent unauthorised movement and crossings. Pre-race instructions to have clear information about crossing points  |  | On day   |   |
| 3.17 | Possible lengthy queue for landing at steps   | Chill, hypothermia, tiredness, lack of concentration   | Competitors, boats                                  | Moderate  | Likely   | High           | Launch and marshals on the bank to monitor and instruct progress. Advise rowers to put on warm clothes and feet out of shoes in readiness. Helpers ready to assist landing.   | Organising committee                       | On day   |   |
| 4    | Race day on land after finish   |  |   |   |  |                |   |  |  |   |
| 4.1  | Effects of racing - crews getting cold  | Hypothermia  | Competitors / marshalls / launch crews / spectators | Slight  | Unlikely to likely,<br>depending on<br>temperature                         | High           | Returning crews to be monitored for signs of hypothermia. Warm showers, warm food and drinks, spare clothing to be available.   | Organising committee, club committee       | On day   |   |
| 4.2  | Effects of racing - various incidents as above or illness   | Injury or illness symptoms   | Competitors   | Moderate  | Likely   | Low            | Ensure first aid kit, stretcher, fleece and space blankets available in all host clubs. First aid provider to be on hand at Tyne ARC until well after last crew on land. Call emergency services if serious.  | Organising committee                       | On day   |   |

| 4.3 | Overcrowding in clubhouse   | Slips, falls, burns, scalds                                     | All participants within club house | Moderate           | Likely   | Low    | Monitor numbers and place marshalls on doors if necessary to direct people to other sheltered spaces.  | Organising committee | On day                   |                                      |
|-----|---|---|------------------------------------|--------------------|----------|--------|--|----------------------|--------------------------|--------------------------------------|
| 4.4 | Incidents before or during race leading to boats being left on shore but not at host clubs. | Damage to boats   | Boats and blades                   | Slight to moderate | Likely   | Medium | Ensure assistance available to retrieve damaged craft by trailer or to leave stored in safe location, e.g. at Gateshead CRC  | Organising committee | On day                   |                                      |
| 4.5 | Launches  | Left on steps, going adrift. Misuse by members of public. Theft | Boats, engines, equipment          | Slight             | Unlikely | Low    | Ensure launches not left unattended and safely put away after use  | Organising committee | On day                   | Helpers rota<br>agreed in<br>advance |
| 4.6 |   | Slips, trips, bumps scrapes, poorly secured boats.              | People, passers by, boats, blades  | Slight             | Unlikely | Low    | Ensure no blades, clothes or other equipment left on steps, grounds. Warnings to public path users. Volunteer helpers to monitor boat loading area, especially after darkness deepens. First aiders to remain until all boats secured. | Organising committee | On day                   | Helpers rota agreed in advance       |
| 4.7 | Trailers leaving getting bogged down  | Mud, rutted surface, trailers bogged down.                      | Visiting rowers and helpers, boats | Moderate           | Likely   | Medium | Have helpers to push trailers in wet conditions. Straw ordered in advance if conditions look likely to be poor.  | Organising committee | Straw in advance, on day | Helpers rota<br>agreed in<br>advance |

Queries to Colin Percy at entries@tynearc.com or on 07985 003304

## Note on roles

The Club Committee ensures that the overall planning process for competitions is in place each year after the AGM and that the clubhouse and grounds are in a safe and clean condition before each event. It will ensure an Organising Committee is in place for each event

The *Organising Committee* for a competitions responsible for the overall planning and coordination and for operations on the day. Actions can and will be delegated to individuals and a list of tasks as allocated to named people is vital in this. It will ensure a *Race Committee* is formed and a Chair appointed well in advance. It will appoint a safety adviser, a welfare officer and a race day coordinator *inter alia*.

The Race Committee for an event has a very limited remit - essentially it is made up of the umpires on the day of the event, but with the chair, in effect the chief umpire, appointed well in advance by the organising committee with guidance from the regional umpiring committee. The Race Committee deals primarily with umpiring issues, including disqualification etc. However, the Chair of the Race Committee will be consulted in advance on overall arrangements, in the immediate run-up on possible cancellation due to weather conditions, and on the day on postponement of cancellation in case of bad weather or unforeseen incidents.