

TYNE REGATTA - 25 JUNE 2022 ADVICE AND INSTRUCTIONS TO CLUBS AND CREWS DIV 1 - 8:30 AM, DIV 2 - about 12:00 Noon, DIV 3 - about 1:30 PM

General information for competitors on arrival

When you arrive on site there will be marshals on hand to facilitate trailer parking. Trailers will be based at Tyne Amateur Rowing Club (TARC) and Tyne United Rowing Club (TURC). Cars carrying singles can park at their host club.

Car parking for **ALL** spectators and competitors will be at NUBC. There will **NO** spectator or competitor parking at TARC or TURC; See the parking section of this document later for more information.

Race Control and activities such as weighing of coxes and awarding of prizes will be at TARC.

We have steps and there may be mud! Wellington boots are advised and some form of footwear you don't mind getting wet is a requirement for boating. No flip flops, please. Ensure you have adequate clothing with you in the boat. It is the responsibility of coaches to ensure that their rowers - especially juniors - have sufficient warm/waterproof clothing. The trailer parks can be very muddy also.

Boating and getting to the start

Competitors' race numbers, boating locations and race start times will be shown on the final draw to be issued on 20 June. One person should collect all of a club's plastic bow numbers (and paper numbers if used) in good time from Race Control at TARC.

Clubs/crews are responsible for the safety of their own boats/equipment. Crews should be prepared to demonstrate to Control Commission observers that the key safety features (bow ball, buoyancy compartments, heel straps etc) are in place and effective.

Marshals will remind competitors to begin boating. You must be ready to boat 30 minutes before your race time and *be on the water* no later than 20 minutes before the race time. Get into your boat as quickly as possible; adjusting your feet etc once you have pushed off from the landing. You will be expected to take wellies or other footwear with you. Move away from the landing promptly so as not to obstruct others behind. Boat at the same time as your opposition.

You are responsible for making your own way on the water down to the start. The separate *Boat Circulation* plan shows how crews should reach the start, race and land. Crews will proceed to the start on the north bank and it will be vital that crews stay relatively close (but not too close) to the bank and out of the racing line when a race is on. Launch marshalls will assist.

You must be in the start marshalling area with your opposition 10 minutes before your race start time. Rowers should assemble as shown on the Boat Circulation plan. The start launch marshal will ask you to move towards the start in order with your competition. It will be a free start, i.e. no stake boats. The starter will be on the south bank, conspicuous in a high viz jacket.

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Racing, finish and landing and local rules

The course is not buoyed and crews are asked to keep to their station and remain relatively central in the river and 'on station'. Racing crews must note that **the course is straight** and you must maintain your station after passing though Newburn Bridge moving towards the finish. Failure to do so may result in a penalty if other crews are impeded.

LOCAL RULE: In 2 lane races each crew MUST use the centre arches of Newburn Bridge <u>on their side of the river</u> as they start. In 3 lane races the crew nearest the north bank MUST use the north-central arch and the two crews nearest the south bank MUST use the south-centre arch of Newburn Bridge. All as shown on the circulation map. A crew using the wrong arch may be disqualified.

Marshalling and safety boats will be on the course.

At the finish you must continue rowing well past the line as other races may be coming up behind. When returning to the steps, rowers must obey the instructions of the launch and land marshals. Crews must return to their boating location as per the *Boat Circulation* plan, and must avoid the racing line when doing so. The finish marshal will advise as necessary. Marshals nearer the steps may ask you to wait on the water in single file and tucked in to the bank while the steps are cleared of other crews. Please follow these instructions closely.

Water Safety

Water Safety will be provided by Red Seal Safety Boats and in addition there will be at least 5 other marshalling and umpires launches on the course.

If you are involved in an incident, stay with your boat until help arrives. Do not attempt to swim to the bank without your boat. In the event of an incident, a safety launch will attend.

Results and prizes

The results of each race and event winners will be recorded at the finish gazebo, located at the west end of the TARC site overlooking the river. Results will also be published online as soon as possible after each race. We acknowledge the support of a number of sponsors who have kindly supported events at the regatta this year. **Prizes may be collected from the finish gazebo after your final**. Any not collected by the end of day will be forwarded on.

Spectators and public rights of way

There are public rights of way in front of both clubhouses and the clubs have no control over who uses these. Conflict between rowers and walkers/cyclists is rare, but land marshalls and volunteer helpers will monitor use of the rights of way and act if problems arise. Competing crews and any helpers should avoid obstructing the public rights way as far as possible and be courteous to other users.

Toilets, changing & shower facilities

Toilets, changing rooms and showers will be available at TARC and TURC for all competitors, officials and supporters. Food and refreshments will be available at TARC all day and the bar at TARC will be open from 11:00.

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First aid

Our first aid provider will be located at TARC.

Welfare

If you have any concerns regarding the welfare of an athlete/spectator please report this immediately to the Welfare Officer via Race Control at TARC. For further information regarding the club's welfare policies please read the welfare document on the club's web site.

Parking

Car and trailer parking will be available from **7am** onwards.

Towing vehicles and scullers with singles on their cars may park at their host clubs.

All **competitors and supporters**, must **park at NUBC**. If this is full, **free parking** is available at a public car park further along Grange Road opposite (but not at) Newburn Activity Centre.

The Highway Authority for TARC asks that **NO** competitor or supporter vehicles are parked on Grange Road (behind TARC) or in the residential streets in Newburn. Vehicles must not be parked in an obstructive manner on road, footpath or verges and all signed restrictions must be observed. Consideration must be made with regards to access for others on roads and footpaths when parking.

Officials, including Umpires should park at NUBC.

These various locations are shown on the course map on the competition web page.

Catering

There will be hot and cold food and drinks available at TARC from early on. The bar at TARC will be open from 11.00am.

Documents and updates will be posted at:

http://www.tynerowingclub.org/pages/tyne_regatta_274001.cfm

Entries Secretary: Lyn Goldsmith at events@tynearc.com

Urgent pre-event enquiries can be made to: Colin Percy on 07985 003304

We look forward to welcoming you to the Tyne

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