

**Northern Rowing Council**  
***Long Distance Sculling Series***  
**Autumn 2023**

in association with  
Tees Small Boats Head  
Tyne United Small Boats Head  
Wansbeck Small Boats Head  
Durham Autumn Small Boats Head

Date	Event	Approx. Distances	Start Time	Total Entry Limit
Sat 30 <sup>th</sup> Sep	Tees LDS/SBH*	5000m	10:30 (15:00)	200
Sat 7 <sup>th</sup> Oct	Tyne LDS/SBH*	4500m	10:30 (14:30)	130
Sat 14 <sup>th</sup> Oct	Berwick LDS	4500m	14:00	60
Sat 21 <sup>st</sup> Oct	Wansbeck LDS/SBH*	2000m	10:30 (14:30)	100
Sat 28 <sup>th</sup> Oct	South Hylton LDS	4750m	16:00	120
Sat 4 <sup>th</sup> Nov	Durham LDS/SBH*	1800m	9:30 (12:00 14:30)	100

*\* There are SBHs with sweep in the afternoons at Tees, Tyne, Cambois and Durham ARC – start times in brackets but see host clubs' own web sites for more info. The distances given are a guide line and subject to change due to conditions on the day.*

All events held under British Rowing Rules of Racing.  
Additional local rules are given below.

All profits from the LDS series will support the Region's entry in the Junior Inter-regional Regatta and contribute to the NRC grants funds.

Entries, fees and substitutions will only be accepted via BROE2.  
Seniors & Masters £12.00/seat, Juniors (racing as Juniors) £10.00/seat. Coxes free.

Opening of Entries: Sunday Evening, 3 weeks prior to each LDS event

Close of entries and fee payment: 3.00pm on the Sunday before the event entered.

Close of online substitutions: 12 noon on the Friday before the event entered.

Telephone, email and postal entries or fees will not be accepted.

**No provision for late entry or fees: no exceptions**

**Entries Secretary:**

Daniel Lockey  
c/o Durham ARC, City Boathouse  
Green Lane Durham, DH1 3JU

Email: [lds@nerowing.com](mailto:lds@nerowing.com)  
Series web page:  
<http://www.nerowing.com/lds2023.html>

**Northern Rowing Council**

## **Autumn Long Distance Sculling Series 2023**

The NRC Autumn LDS Series 2023 comprises Six Saturdays of racing spread over six consecutive weeks. The LDS events will generally be in the morning in a single division for all ages. They are for singles, doubles and quads only (plus octuples at Tyne).

At Tees, Tyne United, Wansbeck and Durham there is a second, associated head race run in the afternoon as an SBH which will have sweep (fours and pairs) oared racing.

### **SERIES ADDITIONAL LOCAL RULES.**

- All categories in 1x, 2x, 4x-, 4x+, 8x+[Tyne + South Hylton only]; Open, Women's & Mixed in Junior, Senior and masters are offered. Note that Berwick is allowing W/J14 2x + 4x+ for LDS 2023.
- Clubs should ensure that all competitors have clothing adequate for both the conditions and the length of time to be spent on the water.
- Please be aware particularly on the large tidal rivers that conditions can be dangerous and can change very quickly. Ensure you and those you are responsible for are competent and able to deal with changes to the conditions prior to boating.
- Bow race numbers and paper numbers will be issued, one of each number per boat. All boats must have a bow-mounted slot to display the race number provided. No deposit will be required. However, the cost of replacement numbers will be reflected in future entry fees.
- Individual LDS prizes will be awarded, where 3 or more boats have started a class / category, as follows. Fastest 1x, 2x, 4x/x+, 8x+ (where applicable) in Junior, Senior, Masters; Open, Women and Mixed. Plus medals for J18/J17/J16/J15/J14/J13. The organisers reserve the right to amalgamate any categories they see fit to provide competition and to award prizes. Senior crews may be banded based on ranking points depending on number of entries.
- Where necessary Masters age entries will be grouped to allow prizes to be awarded based on the British Rowing handicap tables. If entry numbers allow crews will be banded based on ranking points before handicap grouping.
- All entries and payment of fees will be via BROE2 and will close at 3.00pm on the Sunday before the competition entered.
- All substitutions should be made as far as possible on BROE2 by noon the day before the race. Any further substitutions must be reported on the day to race control, in person. All substitutions must be reported before the start of racing and any crew racing with unreported substitutions is liable to disqualification.
- Coxes must weigh in on each day of racing.
- Competition cancellations will be at the discretion of the Organising Committee as soon as it is evident that the water is not rowable. This could therefore be during the days before or on the day of the race as circumstances dictate. However; every effort will be made to allow the race to run thus making late decisions likely.
- It is important that the Club contact number given with the entry is fully operational leading up to and on the day of the competition. So please avoid nominating someone who has either gone on holiday or is driving and therefore can't answer a call.
- In the event of a cancellation; a pro-rata refund will be made once unavoidable costs are covered.

- **INSURANCE:** Note that your BR membership insurance is only valid for UK residents who are resident in this country for more than six months in a year. Evidence of insurance cover must be provided by those not covered by BR membership insurance.
- All trophies and medals will be distributed via host clubs on race day.
- Numbers may have to be restricted if too many enter. Accepted entries will be at the sole discretion of the organising committee. We do advise you to enter early to avoid disappointment.